



## CHMX Physical Education Teacher

A world where poverty does not limit potential!

Christel House is an international nonprofit organization whose mission is to prepare graduates to achieve upward economic mobility, demonstrate good citizenship, and become empowered to identify and realize their goals, dreams, and human potential. We provide a comprehensive program that includes education from preschool through high school, character development, health care, nutrition, family support, career guidance, and job placement.

Christel House Mexico also promotes the development of thinking and life skills, emphasizing English language acquisition, critical thinking, creativity, and recreational activities.

### Mision of the role:

The Physical Education Teacher is responsible for planning and delivering engaging, developmentally appropriate physical activities for preschool learners. Through play based learning, movement, and guided instruction, the teacher promotes motor development, healthy habits, and social-emotional growth.

The position aims to foster a positive attitude toward physical activity, encouraging children to explore movement, coordination, balance, and teamwork in a safe and inclusive environment.

The educator supports learners in developing foundational gross motor skills, physical awareness, and healthy lifestyle habits, ensuring they are well-prepared for continued development in their educational journey.

The overall goal is to contribute to the holistic development of learners, promoting physical, emotional, and social wellbeing.

### Key Responsibilities:

Include the following:

- Plan and implement a developmentally appropriate physical education program for preschool students.
- Design and lead activities that promote gross motor skills, such as balance, coordination, strength, and spatial awareness.
- Use games, circuits, music, and playful movement activities to support learning.
- Ensure the safety and supervision of learners during all physical activities.
- Adapt activities to meet the needs of students with different abilities and developmental levels.
- Promote healthy habits, teamwork, respect, and fair play.
- Collaborate with classroom teachers to support integrated learning experiences.
- Monitor and assess students' physical development and progress.
- Prepare and maintain equipment and materials in safe and organized conditions.
- Establish a positive and inclusive environment that encourages participation and confidence.
- Communicate with parents and staff regarding student progress and wellbeing.
- Participate in school events, workshops, and staff meetings.
- Maintain records and reports related to student development.
- Follow all institutional policies, safety standards, and code of ethics.
- Perform additional duties as assigned by school leadership.



## Requirements

The Physical Education Teacher should demonstrate the following:

- Strong understanding of early childhood development principles and psychomotor development
- Knowledge of play-based learning and movement education
- Familiarity with health, safety, and sanitation guidelines in physical activities
- Ability to design age-appropriate physical education lesson plans
- Strong classroom and group management skills
- Ability to motivate and engage young learners through dynamic activities
- Capacity to adapt activities for diverse learning needs and abilities
- Strong communication and interpersonal skills
- Commitment to ensuring the safety and wellbeing of all learners
- Basic knowledge of first aid and injury prevention (preferred)

### Skills required

- Strong communication skills
- Classroom and group management skills
- Creativity and innovation in teaching strategies
- Active listening
- Organization and planning
- Ability to engage and motivate young children
- Problem-solving skills
- Professionalism and ethical conduct
- Time management

### Education / Experience

- Bachelor's degree in Physical Education (**Required**)
- English proficiency: minimum B2-C1 (CEFR), demonstrable through a valid certification (e.g., Cambridge, IELTS, TOEFL or equivalent) (**Required**)
- Additional training in Early Childhood Education (**preferred**)
- Minimum of 1 year of experience working with preschool-aged children
- Experience in designing and implementing physical activity programs
- Knowledge of child development and psychomotor skills
- Certified in First Aid and CPR (Cardiopulmonary Resuscitation) (**Preferred**)

### Important characteristics

A successful Physical Education Teacher should demonstrate:

- Passion for working with young children
- High level of energy and enthusiasm
- Patience and emotional understanding
- Creativity in designing engaging activities
- Flexibility and adaptability



- Strong sense of responsibility and commitment
- Friendly and approachable personality
- Ability to inspire confidence and participation
- Teamwork and collaboration skills
- Positive attitude and motivation

### **Organizational Values**

- At Christel House, all team members are expected to embody our Organizational Values to foster a culture of high trust and inclusion, aligned with our mission to transform lives. These values are essential for success in every role across the network:
  - **Demonstrate Integrity:** Honor commitments with honesty and ethical behavior. Uphold Christel House values in all decisions and actions to build trust with students, families, colleagues, and the broader community.
  - **Commit to Continuous Learning:** Embrace a growth mindset, persevere through challenges, seek feedback, and innovate to improve outcomes for students and staff.
  - **Show Passion for Results:** Set ambitious goals, monitor progress using data, celebrate achievements, and adjust course when needed to drive impact.
  - **Practice Effective Communication:** Share ideas, expectations, and feedback clearly and transparently. Listen actively, ask clarifying questions, and engage in dialogue with positive intent.
  - **Foster Inclusive Teamwork:** Build a culture of care, gratitude, and respect. Value diverse perspectives and promote a sense of belonging among all members of the community.